



# Army Community Service

## FAMILY BULLETIN

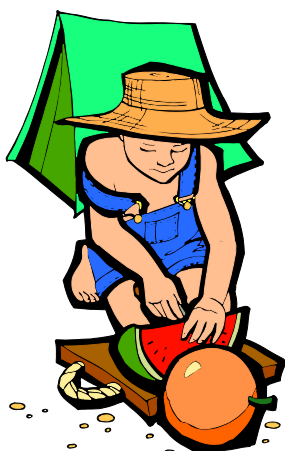
Volume 312

August 2003



### Inside this issue:

Director's Corner	3
ACS Outreach Calendar	4
ACS Outreach Activities	5
MWR Activities	8-9
ACS Happenings	7
For Sale	6



### HANDS HELPING ACROSS FORT MONMOUTH

Sixty-six extra pairs of hands can really be a help! That is just what the students participating in the Summer Youth Volunteer Program through Army Community Service have brought to the work force at Fort Monmouth this summer.

Sons and daughters of active and retired military, as well as, civil service and contract employees have donated a part of their school vacation time to help with many tasks at various work sites throughout the post. Answering telephones, copying and collating materials, preparing packets for briefings and mailings, caring for infants and toddlers, entering data into computers, typing certificates, shelving library books, greeting incoming customers, assisting patients and medical staff, filing, alphabetizing, shredding, cataloging vast amounts of historical data, taking pictures, augmenting the staff for youth services workshops and the school age summer camp, caring for animals, sorting mail, and preparing displays are just the tip of the iceberg when it comes to tasks the students have performed.

Please recognize these youth for their service to our community:

LaShenda Barbour	Nicole Haggerty	Sarah Mielke
Racine Boyle	Julienn Handy	Heidi Moerkirk
Jennifer Brady	Phillip Handy	Amanda Nappi
Taylor Bridges	Ankenny Hernandez	Danielle Overton
Brandi Burgett	Steven Higgins	Courtney Phillips
Amanda Cannon	Candice Horhn	Kyre Ring
Christina Cannon	Ilona Joseph	Brittany Roberson
Danella Cannon	Kimera Joseph	Mary Romando
Kimberly Christel	Daniel Kremler	Marcie Schaeffer
Lindsey Cocco	Gregory Kremler	Jelisa Scotton
Kevin Cruz	Vincent Lai	Caitlin Shaw
Erick Daughety	Nicoya Langley	Charity Simmons
Bre-Onna DeLaine	Tehrel Langley	Blair Smith
Aaron Derry	Christopher Lee	Rachael Stevenson
Matthew Dobies	Cierra Lee	Jessica Stone
Brian Evans	Daniel Lee	Asia Turner
Adalis Figueroa	Elaine Lee	Ryan Vetter
Matthew Fisher	Nicole Lee	Rebecca Watson
James Gleason	David Lewis	Amy Weir
Ashley Gordon	Stephanie Linder	Jonathan Wong
Michael Green	Julia McDaniel	Katherine Wong
Amy Guigno	Tom McGarry-Roake	Brittany Wright

(Continued on page 3)

# Army Community Service Volunteer Staff

Honorary Volunteer Chairperson.....	Shirley Russ
Honorary Volunteer Vice-Chairperson.....	Ann Jones
Volunteer Supervisor.....	(Position Open)
Assistant Volunteer Supervisor.....	Ruth Maurer
General Services.....	
C. E. Griffith, Jr.    Barbara Morrow    Donna O'Brien    Ann Campanella	
Louise Gleason    Barbel Johnston    Robert Schwehr	
English As A Second Language.....	Barbara Mannix
Baby Bundle Chairperson.....	(Position Open)
Widowed Support Group Chairperson.....	Mary Boeglen
Margaret Blackburn    Margard Brown    Susan Quirk    Catherine Kurzjewski	
Computer Assistance.....	Herbert Hartzell

## Army Community Service Staff

Director, Army Community Service.....	Dorothy Corson
Family Advocacy Program Manager.....	Richard Myers
Employment Readiness Program Coordinator.....	Jill McDonald
Relocation Readiness Coordinator.....	Allison Labasi
Family Services Program Coordinator.....	Pam Hines
Financial Readiness Program Coordinator.....	Jill Bakke
Outreach Program Coordinator.....	Susan Miller
Information, Referral & Follow -Up Program Coordinator.....	Lisa Green
Installation Volunteer Coordinator.....	Barbara Walsh
Baby's First Program Coordinator.....	Marcia Wooten
Administrative Assistant.....	Malissa Barksdale
Military Support.....	(Position Open)

The Fort Monmouth ACS Bulletin is an unofficial publication prepared by Fort Monmouth Army Community Service as a community service. Views and opinions expressed herein are not necessarily those of the Department of the Army. For further information, call ACS at 732-532-2077.

### Frequently Used Telephone Numbers

Army Community Service	532-2077	Child Development Center	532-8069
ACS Outreach Center	532-3584	Youth/SAS	427-6369/6359
American Red Cross	877-272-7337	Central Registration	532-6210
CECOM Duty Officer	532-1100	Fort Monmouth Police Station	532-1112
FIRE, POLICE, AMBULANCE	532-9911	Fire Inspector	532-3084
Work Order Desk	532-1122	Pre-school	532-8069/0611
Express Maintenance	532-5803		

**DEADLINE for the September issue is August 12 at Army Community Service, Building 812, Murphy Drive, Fort Monmouth. Email submissions to;**  
**[Lisa.Green@mail1.monmouth.army.mil](mailto:Lisa.Green@mail1.monmouth.army.mil)**



## DIRECTOR'S CORNER



The moving truck has picked up my past (what's left of it) and it's all in storage. I hoped to report completed closings but at printing they still aren't signed, but what else is new. Stress level elevated to DANGER - DANGER! We've temporarily moved in with our daughter...dog and all! More steps than my poor old dog and I can manage. New home when signed will undergo renovations and hopefully will be ready as we speak. Next step is the movers bring back what's left of my belongings and the new furniture starts to arrive. I'm kind of excited about putting together a new nest for two old birds. The dove and the crow, that is. I'll leave that one up to your imagination.



Army Community Service's 38<sup>th</sup> Birthday party was fun. If we excel at anything at ACS it is partying. We know how to have a good time. My philosophy is to work hard and play hard.



I'm really into this theme thing. Someone asked what happens when I leave and take my creativity with me. Answer is that some people will breath easier. Maybe I can get one of those contract jobs providing "imagination". If you stopped by I want to "Thank You", and if you didn't I want to know why?



The summer is flying by. Not much time left to enjoy the great outdoors. I am planning a trip to New Orleans in mid August. Who else would plan a trip to New Orleans in August, but DA for ACS Directors. I have never been there before, so if the heat doesn't get me, I hope to enjoy the sights.



Well, at this point this is as good as it gets. As the song goes, see you in September!



*(Continued from page 1)*

The program would not be possible without the wonderful cooperation that has been exhibited by more than 50 participating worksites this year. Each worksite requests students by providing a job description and then appoints a mentor to ensure that the student gains job skills and real world work experience.

The students proudly report to their worksites and go about their work each day attired in navy blue golf shirts bearing a white Army Community Service logo thanks to the generosity of grants from the Red Bank Elks Lodge 233 and the Red Bank American Legion Post 168. On a patriotic note they wear their identifying name badges on red ACS lanyards. Maintaining a log of duties performed and keeping their time cards are two of the student's responsibilities. This information will be used to prepare records of service and to start what will undoubtedly become an extensive record of work and community service.

During the six week period the students are also offered the opportunity to participate in six workshops. CPR training was offered twice through Patterson Army Health Clinic. "Chart Your Course" was facilitated by Laura Chlapowski of the MWR Youth and School Age Services staff. "True Colors" helped the students explore different personality types and learn better communications techniques. "Money and You" and "Stress Bingo for Teens" were presented by Jill Bakke and Richard Myers respectively from the ACS staff. "Putting Your Best Foot Forward" was offered by two members of the Jersey Shore Association for Human Resources.

The 2003 Summer Youth Volunteer Program will conclude with a Recognition and Awards ceremony and Bowling/Pizza Party at the MWR Bowling Center on August 7. This ninth year of the program has been coordinated through the ACS Employment Readiness Program Manager, Jill McDonald with the able assistance of the Installation Volunteer Coordinator, Barbara Walsh.



ACS Outreach Center  
352 Pinebrook Road  
Eatontown, NJ 07724



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1  <i>A Walk Around The Block</i> 10:00 AM	2
3	4	5 <i>Kids Activity</i> 10:00 AM  TOPS—6:45 PM	6	7  <i>German Coffee</i> 4:00 PM	8 <i>A Walk Around The Block</i> 10:00 AM	9
10	11	12 <i>Kids Activity</i> 10:00 AM  TOPS—6:45 PM	13 <i>WIC Clinic</i> 8:30 AM - 12:00 Noon 	14 <i>Potluck Luncheon</i> 11:30 AM	15 <i>A Walk Around The Block</i> 10:00 AM 	16
17	18	19 <i>Kids Activity</i> 10:00 AM  TOPS—6:45 PM	20 <i>Mommy to Be/ Baby and Me Support Group</i> 10:00 AM	21 <i>German Coffee</i> 4:00 PM 	22 <i>A Walk Around The Block</i> 10:00 AM	23
24	25	26 <i>Kids Activity</i> 10:00 AM  TOPS—6:45 PM	27   <i>WIC Clinic</i> 8:30 AM - 12:00 Noon	28 <i>Adult Craft</i> 6:00 PM 	29 <i>M.O.P.S. Group</i> 10:00 AM 	30
31	AUGUST 2003					



**ACS Outreach Center**  
**352 Pinebrook Road**  
**Eatontown, NJ 07724**



**KIDS ACTIVITY:** This activity is for parents/FCC providers and their children aged 5 and under. It is held each Tuesday morning at 10:00 AM

August 05 - Outdoor Play  
 August 12 - Watermelon Mobile  
 August 19 - Water Play  
 August 26 - Back to School Craft

**ESL (English As A Second Language):** ESL has taken a break for the summer. We will begin meeting again next month. Look for registration form in this issue of the Family Bulletin.

**TOPS (Take Off Pounds Sensibly):** This is an international weight loss support group open to all members of the Fort Monmouth community. The first meeting is free. If you need assistance in reaching or maintaining your weight loss goals, this group may be for you.

**WIC CLINIC:** Personnel from the local WIC (Women, Infants and Children) office hold clinics at the center on the 2nd and 4th Wednesdays of each month from 8:30 AM—12:00 Noon. You must call the WIC office at 1-800-762-6140 to make your appointment in advance.

**GERMAN COFFEE:** German Coffee will meet on August 7th and 21st at 4:00 PM. Call the center for additional information.

**POTLUCK LUNCHEON:** On the second Thursday of each month, we host a Potluck Luncheon beginning at 11:30 AM. Each participant brings a covered dish to share. Come on out and meet some of your neighbors.

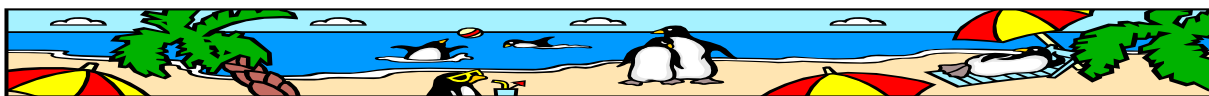
**ADULT CRAFT:** This month's adult craft will be on Thursday, August 28th at 6:00 PM.. Call the center for details.

**A WALK AROUND THE BLOCK:** Each Friday morning at 10:00 AM we meet at the center to take A Walk Around the Block. Bring your kids (and pets) for some much needed exercise and sunshine. Weather permitting.

**BABY-TO BE AND MOMMY AND ME:** This is a support group for those who are pregnant, breast-feeding or have a child under the age of 2. Meetings are the 3rd Wednesday of each month at 10:00 AM.

**M.O.P.S. (Mother's of Pre-Schoolers):** This group meets on the last Friday of each month at 10:00 AM. Call the center for this month's topic.

**For information and/or class registration, call Outreach at 732-532-3584.**



*America was built on the spirit of volunteering. Without the efforts of millions of volunteers who give their time to help others in their communities, our country would be a different place.*

*—Robert K. Goodwin, President and CEO of the Points of Light Foundation*



## ARMY FAMILY TEAM BUILDING (AFTB)

AFTB training improves Family, Civilian, Retired and Contractor preparedness, enhancing overall Army readiness.

### SPECIAL COURSES FOR FAMILY, CIVILIANS AND CONTRACTORS INCLUDING:

- Military Terms, Acronyms, Customs, Courtesies
- Introduction to Chain of Command and Chain of Concern
- Benefits, Entitlements and Compensation
- Family and Military Expectations
- The Impact of Unit Mission on Family Life
- Beginning Problem Solving Techniques

There is no cost. Courses need not be rigid programs, but may be at YOUR selection. Training can be online or brought to the Contractor office location for an individual or group session (e.g., Brown Bag Lunch), focusing on one topic or many, according to YOUR specific individual or company needs.

We would also like to connect with others who have used AFTB Training in the past here on Fort Monmouth, or at other locations. Are there any MASTER TRAINERS?

If you (or your Company) are interested in what AFTB has to offer please contact Barbara Walsh at: [barbara.walsh@mail1.monmouth.army.mil](mailto:barbara.walsh@mail1.monmouth.army.mil), or call (732) 532-2077.

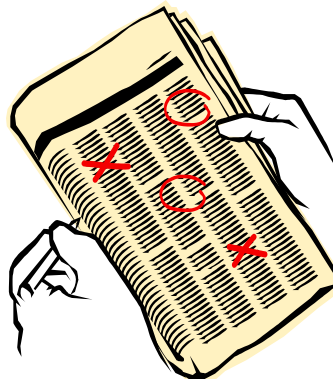
## Items For Sale

For Sale: Air Conditioner \$50, 2 twin beds w/bedding \$125 for both, Kitchen Set \$45, Patio Dinette w/pads & umbrella \$65. Wicker Porch Set 2 pieces \$50.  
Call (732) 244-5543

For Sale: 96' Isuzu Rodeo V6, 4 WD, 5 speed manual 80,000 miles, AC, cruise control, power windows, rear defroster, new tires, AM/FM/CD stereo \$7800.00  
Call (732)-420-4527

For Sale: Full Size firm mattress, box-spring and generic frame. Excellent, like new condition. Used for guest room, slept on less than 10 times \$200.  
Call: (732) 935-9599  
Leave a message I will call back.

For Sale: Kenmore Portable Dishwasher with butcher block top. Bought new and only used 18 months.  
Asking \$200.00 Call (732) 380-0399



Baby Crib \$100, Water Bed with heater, white, full size \$50, Water Bed with heater, 2 mattresses, Queen size \$25, Victorian Doll House \$50, Leaf Mulcher \$15, Shingle Cutter \$75, Stereo with speakers \$20, Old record Player with speakers \$20, Various stereo and computer speakers \$10 each, Pictures and Flower Paintings \$5.00 each.  
Call: 732 785-9751

## PERSONAL FINANCIAL MANAGEMENT TRAINING

At

**Army Community Service**  
Building 812, Murphy Drive  
Fort Monmouth, NJ 07703

2-4 PM

AUGUST 7: BUDGETING & GOAL SETTING  
AUGUST 14: CREDIT & WISE CONSUMERISM  
AUGUST 21: CHECKBOOK MAINTENANCE & DEBT MANAGEMENT  
AUGUST 28: INSURANCE & SAVING/INVESTING

Money is the most taboo topic in polite American society. Most of us have never had any financial training. We carry hidden money messages received as a child into adult life and wonder why we have no money left at the end of the month. If you want more education on how to get the most bounce from your dollars, these classes give you a starting point. You can attend one or all of the series.

PLEASE CALL 732-532-2077 FOR INFORMATION AND RESERVATIONS

## STRESS MANAGEMENT TRAINING



Stress Management Training is scheduled for August 19 from 10:00 am-11:00 am at Army Community Service, Bldg. 812. The training addresses the reactions to and types of stress, the physical and mental symptoms of stress, mental reactions to stress, and how people cope with stress. The session also includes an engaging and educational game about stress and ways to reduce and manage stress.

Training on Stress Management is available to all military and civilian members of the Fort Monmouth community. Each session is limited to 20 participants.

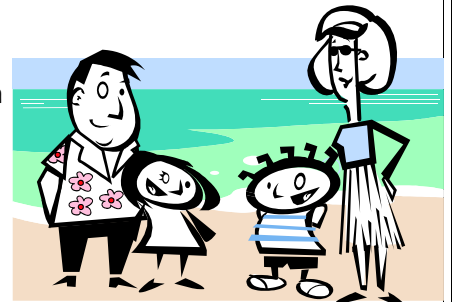
To register for one of these sessions, you may contact Mr. Richard Myers, Family Advocacy Program Manager, at (732) 532-2077.

## FAMILY VIOLENCE PREVENTION TRAINING

Family Violence Prevention Training will be held on August 19, from 9:00 am-10:00 am, at Army Community Service, Bldg. 812. The training addresses the seriousness of child and spouse abuse, the family dynamics of child and spouse abuse, the causes and effects of child and spouse abuse, the availability of prevention and treatment services to promote early detection and referral to families with special needs and stresses, the identification and reporting procedures of child and spouse abuse, and the Army's policies regarding family violence.

Training on Family Violence Prevention is available to all military and civilian members of the Fort Monmouth community. Each session is limited to 20 participants.

To register for one of these sessions, you may contact Mr. Richard Myers, Family Advocacy Program Manager, at 532-2076/2077.



# MWR FOR ALL YOUR LIFE

## Harley Celebrates 100 Years with "A Legendary Summer" Promotion

SPONSORED BY HARLEY DAVIDSON & MILLER LITE  
Runs June 1<sup>st</sup>—August 31<sup>st</sup>

Stop in at one of the Four Participating Clubs:  
Mulligan's, Lane Hall, Gibbs Hall, or the Bowling Center  
to play.

Participants will receive one FREE Official Miller-Lite  
Scratch Off with every purchase at any of the above  
named Dining Facilities. Watch for Collectors Edition  
Commemorative Miller Lite & MGD Cans. Reveal your  
Miller-Lite logos for your chance to win. Once you've  
scratched off your lucky card and collected your instant  
win prize, you will be automatically entered into a Grand  
Prize Sweepstakes for a Brand New 2003 Harley-  
Davidson Motorcycle (Model will be selected at the sole  
discretion of the Sponsor).

\*Sponsorship does not express or imply endorsement by  
the U.S. Army.

## Join the **MARVEL ACTION HERO BOWLING CLUB**

Be the first one in your gang to get the most awesome  
bowling ball ever!

When you participate in the Action Hero Bowling Club  
you can bowl with your friends and get your own bowling  
ball featuring either Spider-Man or The Incredible Hulk!  
Awesome artwork of these two heroes is reproduced in  
perfect detail on these limited edition balls..... and  
they GLOW UNDER BLACK LIGHT! The balls are drill-  
able and available in weights of 6, 8, 10, 12, 14 & 15 lbs.  
Club will run 17-weeks starting the week of September  
22.

\$10.00 per week, minimum of ONE VISIT PER WEEK  
TO BOWL.

Call 532-3805 for more details.

## WINTER BOWLING LEAGUES NOW FORMING

To sign-up for your Winter League, return the form be-  
low. For more information on Summer Leagues call 532-  
3805.

## WELLNESS LECTURES

at the Post Library

Tuesday, August 5 11:45 am-12:45 pm

Lower back pain plague millions each year. Learn what  
causes back pain and how you can treat and prevent it.

Seating is limited.

Make your reservation by calling 532-0951.

## ATTENTION MILITARY & FAMILY

## MEMBERS!

**Charles Wood Pool** is OPEN 7 days a week.

Passes are on sale at the Physical Fitness Center  
Family Passes \$50

Individual Pass \$30 for E6 & Above

Individual Pass \$20 for E5 & Below

Daily Pass \$2

One Guest per I.D. Holder, must be 16 or older

For more information call the P.F.C. at 532-3275.

## What's going on at Gibbs?

Dinner is Served!

Tuesday-Saturday 5:30-9:00 pm

Sunday Brunch available 10:30 am-1:00 pm

Lunch is available Tuesday-Friday

11:30 a m-1:30 pm at Gibbs Hall in the Dining Room.

Call 532-4520 for more information or to make your Res-  
ervations for the next Special Event.

## Lane Hall offers Lunch Monday-Friday 11:30 am-1:30 pm

Call 532-3892 for the Menu or find out about our next  
Themed Lunches.

## Lunch is served at Mulligan's 7 Days a Week!

Stop in for lunch on the go, or enjoy a bite to eat on the  
Deck overlooking Suneagles Golf Course.

Call 427-1919 for Special Promotions or for more informa-  
tion.

## Gibbs Hall is open for Lunch

Tuesday-Friday 11:30 am-1:30 pm

Enjoy a Hot Lunch, accompanied by a Soup & Salad Bar  
in a delightful setting.

Call 532-4520 for more information or to get the daily  
Menu.

Stop in for a Slice at the

## Bowling Center Snack Bar

Lunch is served Monday-Saturday

Your choice of great "On the Go" dining.....

Call 532-3805 for more information.

## Post Restaurant at the Myer Center

Lunch is served 11:30 am-1 pm

Call 532-0311 for more information.

**New York Yankees vs. Seattle Mariners**

Sunday, August 10<sup>th</sup>

Price \$52.00 per person

Bus departs 10:30 am and returns 7:00 pm

Game Time 1:05 pm

Includes transportation, admission ticket and bus leader.

Tier Box 647 – rows A, B, C

**New York City Excursion**

Saturday, August 16<sup>th</sup>

Price \$18 per person

Bus departs 9:00 am and returns 6:00 pm

Includes transportation and bus leader.

Join us for a trip to NYC and shop at your leisure, sight-see, get discount Broadway Show tickets or sample some of the city's great cuisine. The bus will make two stops on this trip: one at Duffy Square and other at China Town.

**New York Yankees vs. Boston Red Sox**

Sunday, September 7<sup>th</sup>

Price \$52.00 per person

Bus departs 10:30 am and returns 7:00 pm

Game Time 1:05 pm

Includes transportation, admission ticket and bus leader.

Tier Box 649 – rows A, B, C, D

To register for any trip call 532-3077 or 389-0449 or stop by Tickets N' Tours, "Registration and Information", building 1010 or email [maritza.rivera@mail1.monmouth.army.mil](mailto:maritza.rivera@mail1.monmouth.army.mil)

NOTE FOR BUS TRIPS: "Individuals who require special services or accommodations in order to participate in MWR trips or tours should inform the Central Registration Office."

**CHILD & YOUTH****Fort Monmouth Preschool**

Enroll now for September Classes!

- Children may attend either Tuesday-Thursday or Monday, Thursday & Friday for a half-day session (8:30 am-12 noon) or an all day session (8:30 am-4:30 pm)
- Ages 3-5 years
- Open to children of Active Duty Military, Active Duty Reservists, DoD Civilians, DoD Contractors working on Fort Monmouth
- Tuition Assistance is available for Active Duty Military E-6 and below

Children must be registered with Child & Youth Services. Fort Monmouth Preschool is accredited by the National Association for the Education of Young Children. Program includes experiences to promote the social, emotional, physical, and intellectual growth of all

children. Curriculum includes music, art, science & math, readiness activities, indoor/outdoor play, field trips, and lunch.

For more information call 532-6210.

**Looking for a nice fun child-friendly**

home environment for your child?

Look No More...You have found the place!

**Fort Monmouth Family Child Care**

We have all this plus more

Ask about the 10% discount on Fees

Call FCC at 532-8721 or 532-1976

**CDC Hourly Care**

Hours 8:30 AM to 4:30 PM, Monday - Friday

Children 6 weeks to 5 years of age

Reservations may be made up to one month in advance

Cost is \$3.00 per hour

Open to children of active duty and retired military, DoD civilians, DoD contractors, active duty Reservists and full-time National Guard

Children must be registered with Child & Youth Services prior to enrollment

For more information call 532-8069. To register with Child & Youth Services call 532-6210.

**THRIFT SHOP**

The Thrift Shop is operating under summer hours. They are:

Tuesday 10:00 AM - 2:00 PM

Thursday 10:00 AM - 7:00 PM

We will be closed Aug. 5 & 7, Aug. 26,28 and Sept. 2.

We will be open Sept 4th. Regular hours begin Sept. 9.

Consignments will be accepted Tuesday and Thursday until 30 minutes before closing. Ten items at a time may be consigned with a limit of 20 items per week. Donations are accepted during our business hours only. Items must be useable and in good condition. (Please include an itemized list of your items if you would like a tax receipt.)

All profits go to Scholarships and Welfare grants for the military community. Please think of us before having that yard sale!!

**MWR JOBS**

at Fort Monmouth

Job Hotline: (732) 532-JOBS (5627)

Website: [www.nafjob.com](http://www.nafjob.com)

Info: (732) 532- 2433 Fax: (732) 532-8702

NAF Personnel Office

Bldg 918 Murphy Drive

Fort Monmouth NJ 07703



## ENGLISH AS A SECOND LANGUAGE

ESL Student:

It is time!!!! English as a Second Language classes will begin on Tuesday, September 10th. Classes meet each Tuesday and Thursday afternoon from 1:00 pm until 2:30 pm. Classes are held at the ACS Outreach Center (352 Pinebrook Road) in the Howard Commons housing area. Please complete the attached registration form and return it to the Outreach Center or to Army Community Service (812 Murphy Drive, Fort Monmouth). You may also **FAX** your registration to (732) 542-6489. For more information call the Outreach Center at (732) 532-3584. Hope to see you on the 10th.

\*\*\*\*\*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

First Language: \_\_\_\_\_

What is your current level? (circle one) Beginner Intermediate Advanced

Sponsor's Name: \_\_\_\_\_ Rank or Civilian Grade: \_\_\_\_\_

Work Phone: \_\_\_\_\_